



# A NATIONAL STUDENT-LED PLATFORM FOR INTERNATIONAL PRE-HEALTH STUDENTS: MENTEE FEEDBACK FROM A YEAR IN REVIEW

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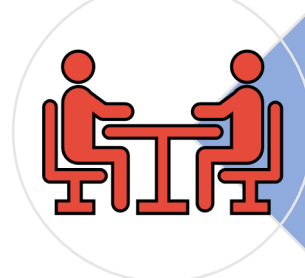


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## Background

- International pre-health students face unique challenges in the US and have limited availability of mentorship and resources.
- F1Doctors the first national, student-led peer mentorship platform created with the goals of providing personalized mentorship and community for international pre-health students.
- The Platform has 140 mentors from over 30 countries providing free guidance on applying to US health professional programs.
- Chayeb, R. J., Senthilkumar, G., Saade, et. Al. (2022, April 16). *Examining the first peer-to-peer mentorship program (f1doctors) for international Medical Students*. Retrieved April 20, 2022, from <https://ojed.org/Index.php/jlse/article/view/4263>

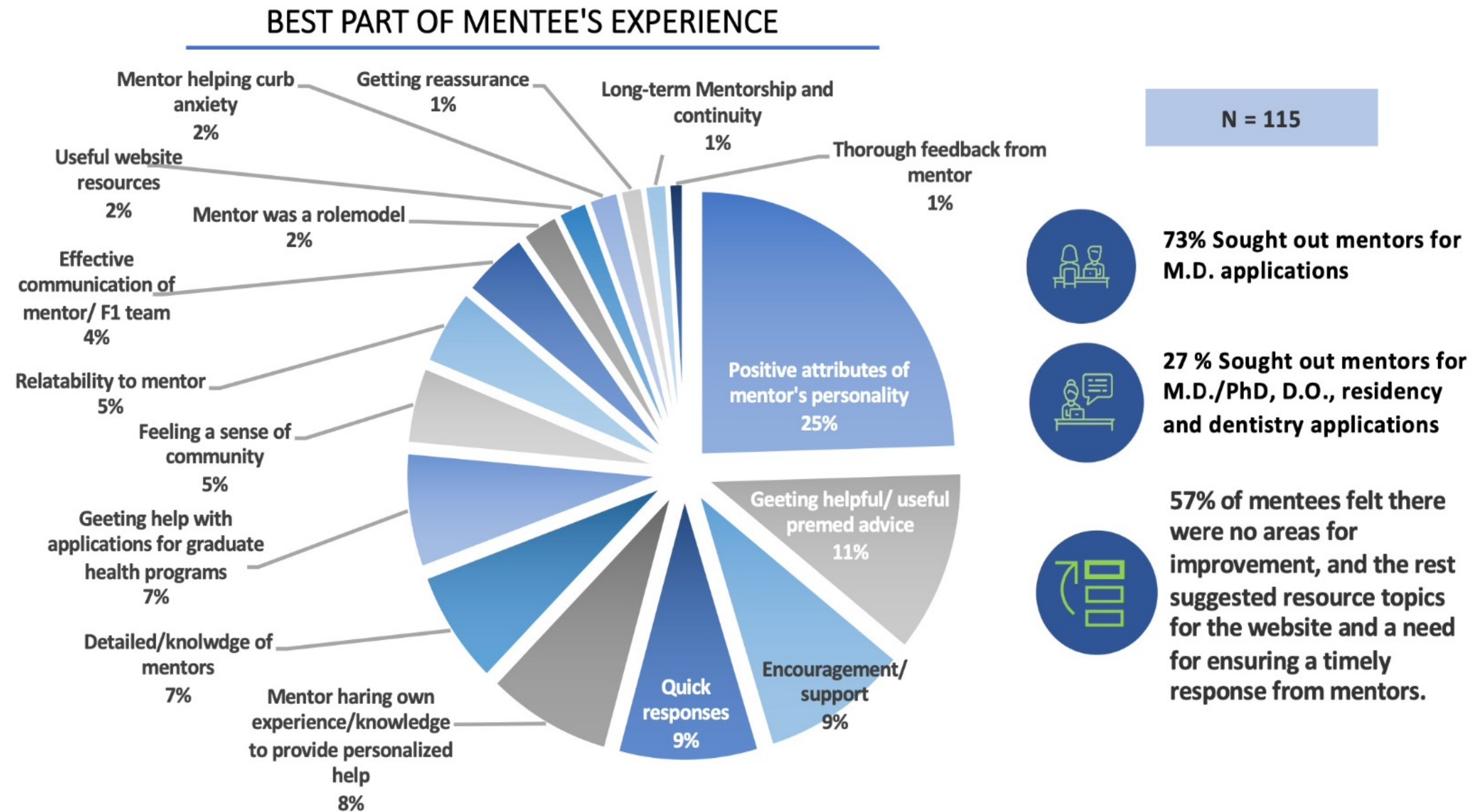
The purpose of the study is to analyze mentee feedback following a year of the platform's existence.

## Methods

-  Open response survey asking "Best Part of Their Experience" and "Areas to Work On."
-  Survey distributed through mailing lists and social media.
-  Responses were de-identified, and a thematic analysis of each response was performed by two independent reviewers.

This methodology was selected to alleviate any response biases due to language limitations and/or differences in cultural interpretations of pre-written statements.

## Results and Conclusions



F1Doctors is a useful and well-received platform for providing personalized, relatable mentorship for international students pursuing graduate health programs.